

Telling Our Life Stories

Issuer details

Name: Decoda Literacy Solutions

URL: <https://www.decoda.ca/resources/digital-badges/>

Badge details

Name: Telling Our Life Stories

Description: The holder of this badge has demonstrated the ability to use a thematic approach to writing engaging stories based on their own life to enhance their personal development, health, happiness and legacy.

Criteria: This badge holder has demonstrated the ability to:

- Identify important themes in their life that helped shape their identity and experiences
- Use a variety of techniques to remember events, feelings and sensations and reflect on them
- Use personal writing to identify future goals and aspirations
- Write, revise, and polish a personal thematic reflection for each session
- Share both verbal and written versions of their stories with others
- Have a plan to continue personal writing and identify opportunities to share it beyond the writing group

Evidence: The holder of this badge has actively participated in a minimum of 16 hours of learning sessions and demonstrated the ability to meet the badge criteria.