

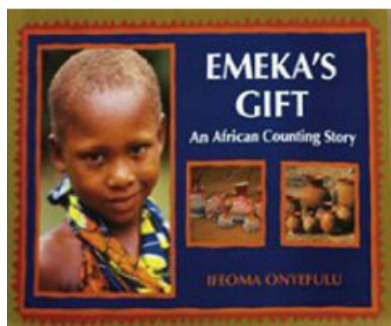
Counting walks

Let's play and talk together

- ❖ Invite your child to take a counting walk. Talk about some things you could count as you walk.
- ❖ Choose one thing to look for, and keep track as you walk along. Count out loud together.
- ❖ Once your child knows the game, let him or her choose what you will count next.



A good read-together book



Emeka's Gift, An African Counting Story
by Ifeoma Onyefulu

This activity will help your child practice counting, learn words for different amounts, and understand the meaning of "more than."

Hints for success

- ❖ Help your child point to each object as you count out loud together.
- ❖ At first, use fingers to keep count.

Let's count how many people have umbrellas!

I think we'll see more than 2 buses before we get home. Can you help me count?

Ways to say it

More ideas for Counting walks

Try this way

- ❖ For younger children (ages 1-2), count groups of things when you see them together, e.g. 3 red cars, 5 children, 2 dogs. Point to each one as you count.
- ❖ For older children (ages 3-5), decide on a target you want to reach, e.g. 4 dogs, 3 joggers, 7 silver cars, 5 cyclists, etc. Celebrate when you reach your target, then set a different one.
- ❖ With older children (ages 3-5), make predictions using "more than." For example, say "I think I'll see more than 4 people wearing boots," or "Do you think we'll see more than 5 dogs with long tails today?"
- ❖ Take a pencil and small notebook on your walk. Show your child how to use tally marks to keep track of your counting. Make a tally mark each time you see what you are looking for.



100 Stars

I saw 100 stars last night
Shining in the sky.
I wondered as I watched them,
How did they get so high?

Anonymous

Healthy eating

Stop for a healthy snack along the way. Count how many bites it takes to eat your snack.

Physical activity

Guess how many steps it will take to reach a point on your walk, e.g., "How many steps will it take to get to the next corner?" Count out loud as you take each step, and see how close you came to your prediction.

Book link

My Little Counting Book by Roger Priddy