

# Tuning into Music

Babies (up to 1 year old)

**Listen! Make! Move!**

## Try some music fun at home

- **Sing to your baby.** It doesn't matter what your voice sounds like or what language you use. Your baby wants to hear you!
- **Rock your baby** while you sing a lullaby. Babies like to hear the same song over and over again.
- **Hold your baby** and dance while you sing or listen to music.
- **Show your baby** how to clap to music.
- **Give your baby** a rattle to shake. They are fun music makers at this age.



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Babies (up to 1 year old)

**Babies start to learn language before they are able to talk. By listening, making and moving to music with babies, you are helping them to:**

- Learn the sound and rhythm of words
- Learn to tell the difference between language sounds and other noises
- Learn that words have meaning
- Develop their memory as they anticipate familiar songs
- Have fun with you!

## What you may notice

Babies will respond by looking at you when you're singing and by smiling when they hear a familiar song. They may move their tongues and lips and start to coo and burble as they try to imitate your singing. They may calm down when they hear a lullaby. And, they may start to clap when they hear music. These actions all show that babies are listening and learning.

Enjoying listening, making and moving to music together will help make tuning into music a good experience for your baby.

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